



# AQUATIC PLANTS OF ALBERTA

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A COLLECTION OF NATIVE  
AND INVASIVE SPECIES

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1<sup>st</sup> Edition

**ALMS**  
Alberta Lake Management Society



# ACKNOWLEDGEMENTS

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The Alberta Lake Management Society is a charitable organization which strives to educate lake users about aquatic environments, encourage public involvement in lake management, and facilitate cooperation and partnership between government, industry, the scientific community, and lake users.



In 2014 and 2015, the Alberta Lake Management Society, alongside citizen scientist volunteers, collected aquatic plant specimens from across Alberta through the Aquatic Plant Monitoring Program. One invasive species (Flowering Rush) and numerous native species were collected and archived during two summers of sampling. This book is the result of those two summers and we would like to thank everyone who assisted with this project, especially: our numerous volunteers for their time, interest, and patience; Alyssa Cloutier, who helped to develop and deliver the program; Dorothy Fabijan, of the University of Alberta Vascular Plant Herbarium; and Kate Wilson, of Alberta Environment and Parks. Thank-you as well to our sponsors: TD Friends of the Environment and Alberta Environment and Parks.



**TD Friends of the  
Environment  
Foundation**

# THE IMPORTANCE OF AQUATIC PLANTS

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## About This Guide:

The purpose of this guide is to highlight the often overlooked biodiversity which exists in Alberta's aquatic plant community and to assist individuals in distinguishing between invasive species and their similar-looking native counterparts. Few of the invasive species highlighted in this guide have been reported in Alberta, and we hope to limit their occurrences through education, awareness, and early detection. Unless otherwise cited, all photos in this book are of ALMS or Alberta Environment and Parks specimens.



## Why Are Aquatic Plants Important?

Aquatic plants have the ability to impact the physical, chemical, and biological characteristics of a lake. For example, macrophytes may stabilize lake sediments and shorelines, limiting the re-suspension of sediments and shoreline erosion. Submerged macrophytes may increase oxygen concentrations in a lake, whereas emergent macrophytes may remove oxygen from a lake system. Macrophytes may also directly impact a lake's food web by creating habitats for aquatic insects, providing refuge for fish, or acting as food for birds. Like cyanobacteria and algae, macrophytes require phosphorus and nitrogen to grow – many rooted macrophytes will obtain the nutrients they require from the sediment, but the water column may act as an important source of nutrients for non-rooted species such as Coontail. As you can see, macrophytes are an integral part of our aquatic ecosystems and it is important to recognize their biodiversity and the significant roles they play in our lakes.

## What Is An Invasive Plant?

Invasive plants are non-native species, often introduced by humans through boating activities, which have the potential to harm an aquatic ecosystem. Invasive plants have few natural predators, reproduce quickly, and can convert open-water areas into veritable meadows. Such infestations may make a lake unsuitable for recreation, destroy fisheries, and clog infrastructure. To limit the spread of invasive species, you should clean, drain, and dry your boat between waterbodies. If you spot an invasive species in your lake, call 1-855-366-BOAT. The improper removal of invasive aquatic plants may cause these species to spread more widely.

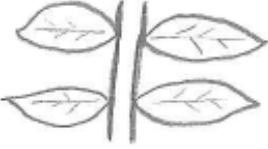


## Should I Remove Native Plants?

Some lakes naturally have dense growth of aquatic plants, and this may be influenced by many factors such as a lake's size and depth. Removing aquatic plants may make your lake susceptible to negative changes in water quality. A permit from the Government of Alberta is required to remove aquatic plants from the bed and shore of a lake.

# GLOSSARY

**Note:** Common and scientific names for plants in this book are variable, and we made our best efforts to include as many aliases as possible. For more information, check out the following resources:

- Alberta Conservation Information Management System
- Alberta Native Plant Council
- Database of Vascular Plants of Canada
- Alberta Invasive Species Council

Term		Definition	
Macrophyte		An aquatic plant, either submerged, floating, or emergent, large enough to be seen by the naked eye	
Stipule		Scale-like tissue at the base of the leaf (sometimes in pairs)	
Leaf Arrangement	Opposite	Pairs of leaves that are directly across from each other on the stem	
	Alternate	Only one leaf occurs per node, and each side alternates	
	Whorled	Leaves occur all the way around the stem at each node in groups of 3 or more	
Axils		Where the leaf meets the stem	
Submergent		The plant grows completely underwater, with the exception of floating leaves or flower stalks	
Emergent		The plant has a base underwater, but parts grow above the water's surface	



Native Plant


























Invasive Plant

***If you think you have discovered an invasive species, call the invasive hotline:***

**1 855 336 BOAT (2628)**

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# Chara

## *Chara spp.*

Completely submerged and can range in colour from grey to green

This plant-like *algae* is also known as stonewort

Vary in size, from only a few centimetres to a metre

Cylindrical forked "leaves"

Side branches develop in whorls

Main branch has ridges and may feel crusty with lime deposits

Has a similar appearance to Coontail and Milfoil, but can be easily distinguished by its **odour** – usually musky or garlicky

# Coontail

*Ceratophyllum demersum*

Also known as  
Hornwort



Leaves are forked with  
small teeth on the edge

Forked leaves

Tiny flowers may be  
present at the leaf  
bases in early summer

Does not form roots,  
but anchors into the  
substrate

Leaves become  
denser near the tip

Leaves in groups of 5 to  
12, whorled around a  
small stem

# Northern Milfoil

*Myriophyllum sibiricum*



Flower spike may be long and stick out of the water



Leaves grouped in four, whorled on a round stem

Plant can appear sparse or dense with leaves, depending on the season



4 to 8 cm

- Leaves appear feather-like, with less than 12 divisions on either side
- Leaves are stiff and retain their shape out of water (unlike **Eurasian Milfoil**)
- Leaflet length gives leaves an overall pointed appearance

Stem can range from green to red in colour

Can hybridize with **Eurasian Milfoil**



**INVASIVE**



# Eurasian Milfoil

*Myriophyllum spicatum*

This invasive plant can create new plants from small fragments, no roots needed

Flower spike may be long and stick out of the water

Plant can appear sparse or dense with leaves, depending on the season

Stem can range from green to red in colour

Leaves in groups of 3 to 5, whorled around a round stem



4 to 8 cm

- Leaves appear feather-like, with 14 – 20 divisions on either side
- Leaves are limp and don't hold their shape out of water (unlike **Northern Milfoil**)
- Leaflets have a squared off appearance at the end, rather than a point

# Canada Waterweed

*Elodea canadensis*

Mats of this plant may become tangled in boat motors

Leaves tend to be more crowded towards the tip

Leaves are mostly arranged in whorls of 3 (occasionally 4)

Flower stalks can be very long in comparison to the rest of the plant

This rare plant looks very similar to **Hydrilla**, but can be distinguished by its **smooth leaves**

Long, slender stem that may be branched



Whorl with 3 leaves

Leaves on the lower stem may be oppositely arranged

**INVASIVE**

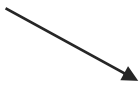


# Hydrilla

## *Hydrilla verticillata*

Also known as Water-thyme

Leaves in groups of 4 to 8 (usually 5), whorled around a round stem



Leaf edges are obviously serrated



Mats of this plant can block light, obstruct waterfowl habitat and impede activities like boating, swimming and fishing

Roots have potato-like tubers



Whorl with 5 leaves



Prickly hairs on the underside of the leaf



Looks very similar to **Canada Waterweed**, but can be distinguished by the **serrated leaves, prickly leaf “hairs”, and root tubers.**



# Sheathed Pondweed

*Stuckenia vaginata*

Also known as  
Large-Sheath Pondweed

Flowers form  
as a spike

Thin stems,  
with large  
inflated  
stipules  
fused to the  
leaf base  
(up to 5 cm)

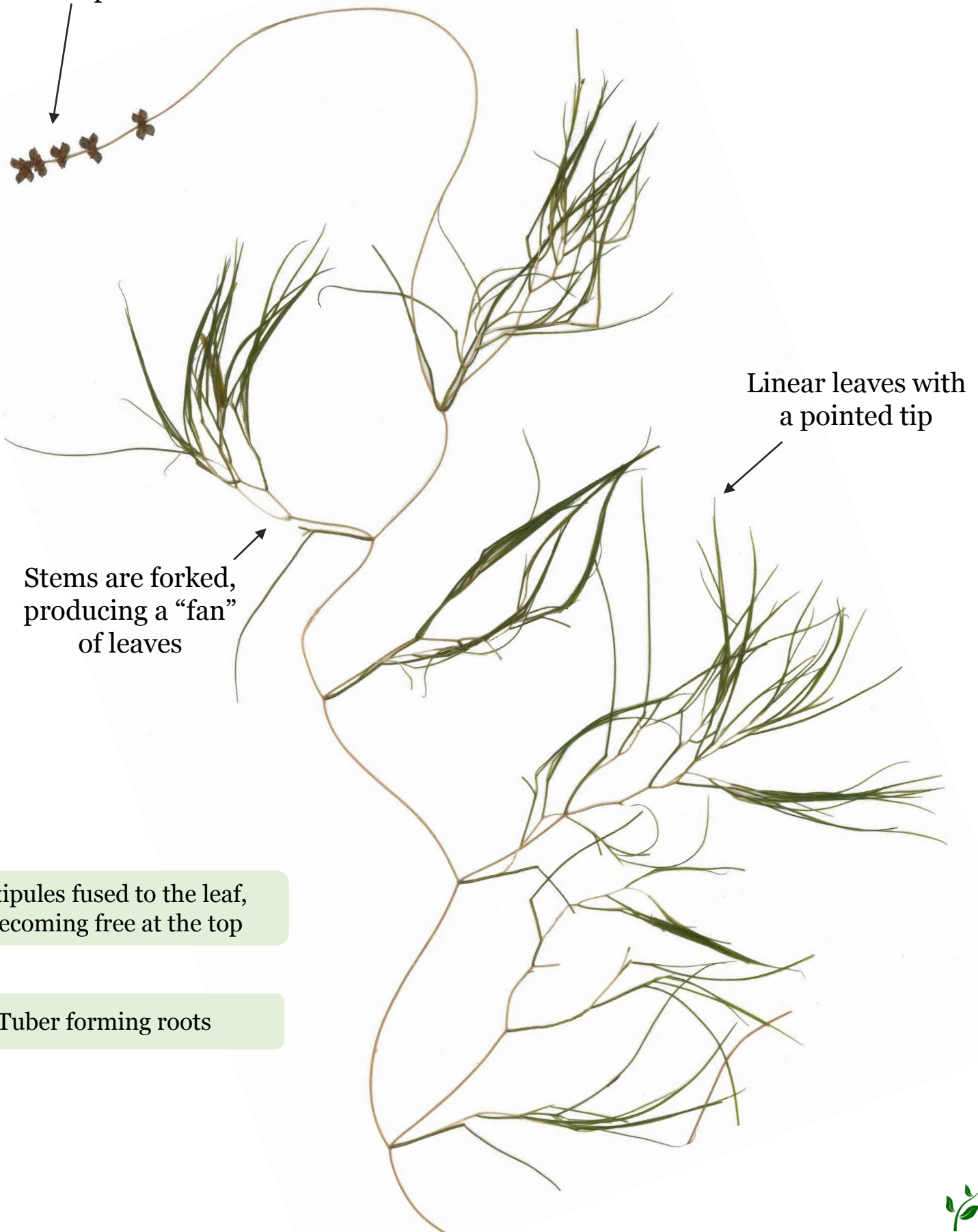
Alternate  
leaves with a  
rounded tip

Large fused  
stipule

# Sago Pondweed

*Stuckenia pectinata*

Flowers form  
as a spike



Linear leaves with  
a pointed tip

Stems are forked,  
producing a “fan”  
of leaves

Stipules fused to the leaf,  
becoming free at the top

Tuber forming roots

# Richardson's Pondweed

*Potamogeton richardsonii*

Also known as  
Clasping-Leaf Pondweed

Flowers form  
as a spike

Dried leaves  
often rough  
with lime  
deposits

Heart-shaped leaves,  
partially wrapped around  
stem

Leaves with many  
parallel veins,  
prominent midvein

Round stems, often  
branching

**INVASIVE**



# Curly Leaf Pondweed

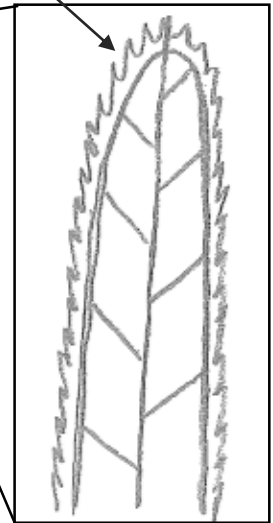
*Potamogeton crispus*

Also known as  
Crisp-Leaved  
Pondweed

Long, stiff, alternate  
leaves that have  
ruffled edges (like  
lasagne noodles)

Plants are fully  
submersed, but may  
have a small flowering  
stalk that sticks above  
the water

Leaf edges are  
serrated



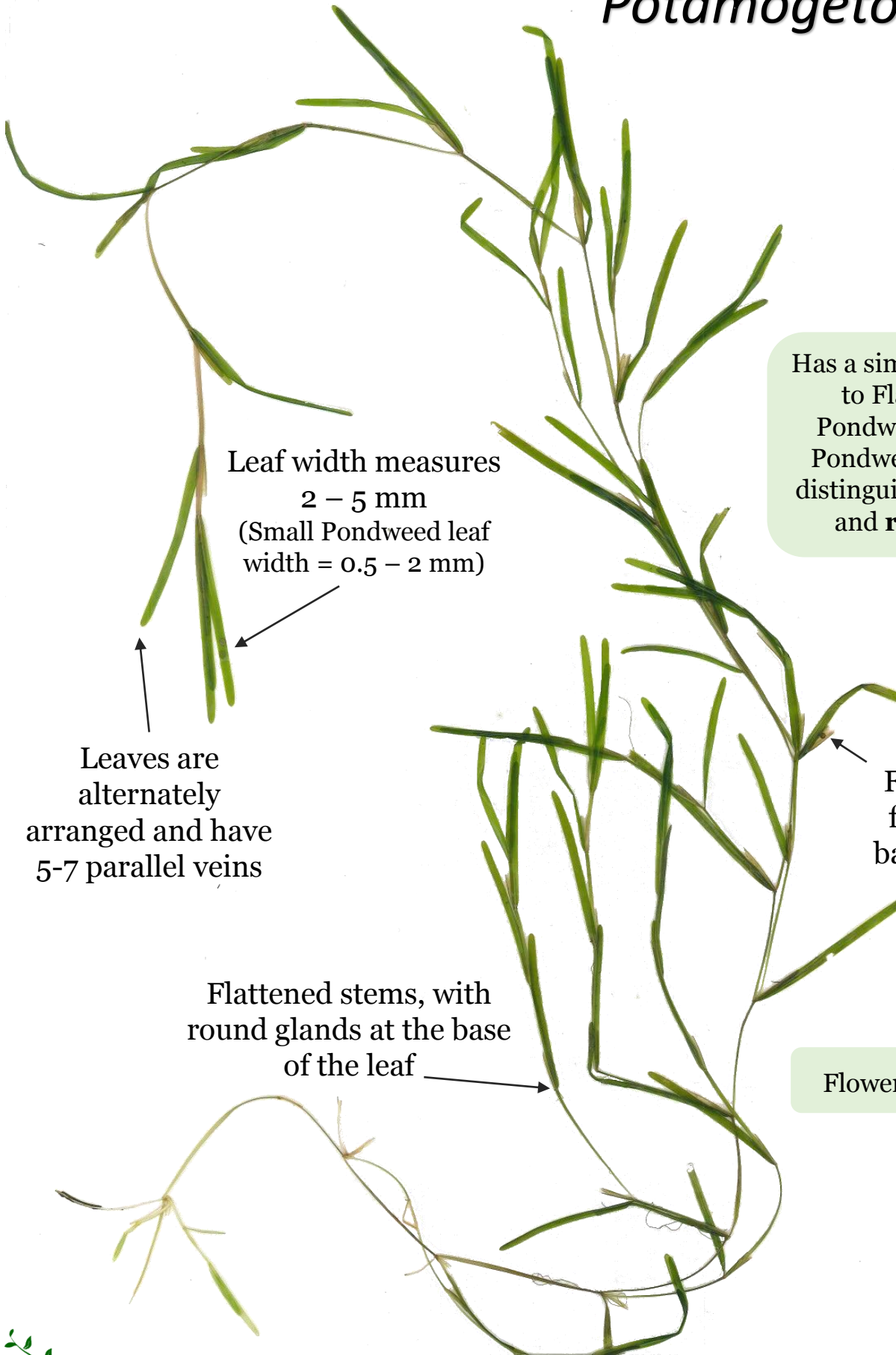
One prominent  
midvein

Tell it apart from native  
pondweeds by holding the  
leaves up to the light – they  
almost appear like stained  
glass windows

Stems are long (up to 3 m),  
slightly flattened, and may  
have many branches

# Fries' Pondweed

*Potamogeton friesii*



Has a similar appearance to Flat Stemmed Pondweed and Small Pondweed, but can be distinguished by its **size** and **round stem**

Leaf width measures 2 – 5 mm  
(Small Pondweed leaf width = 0.5 – 2 mm)

Leaves are alternately arranged and have 5-7 parallel veins

Fibrous stipule free of the leaf base (often shreds in late season)

Flattened stems, with round glands at the base of the leaf

Flowers form as a spike

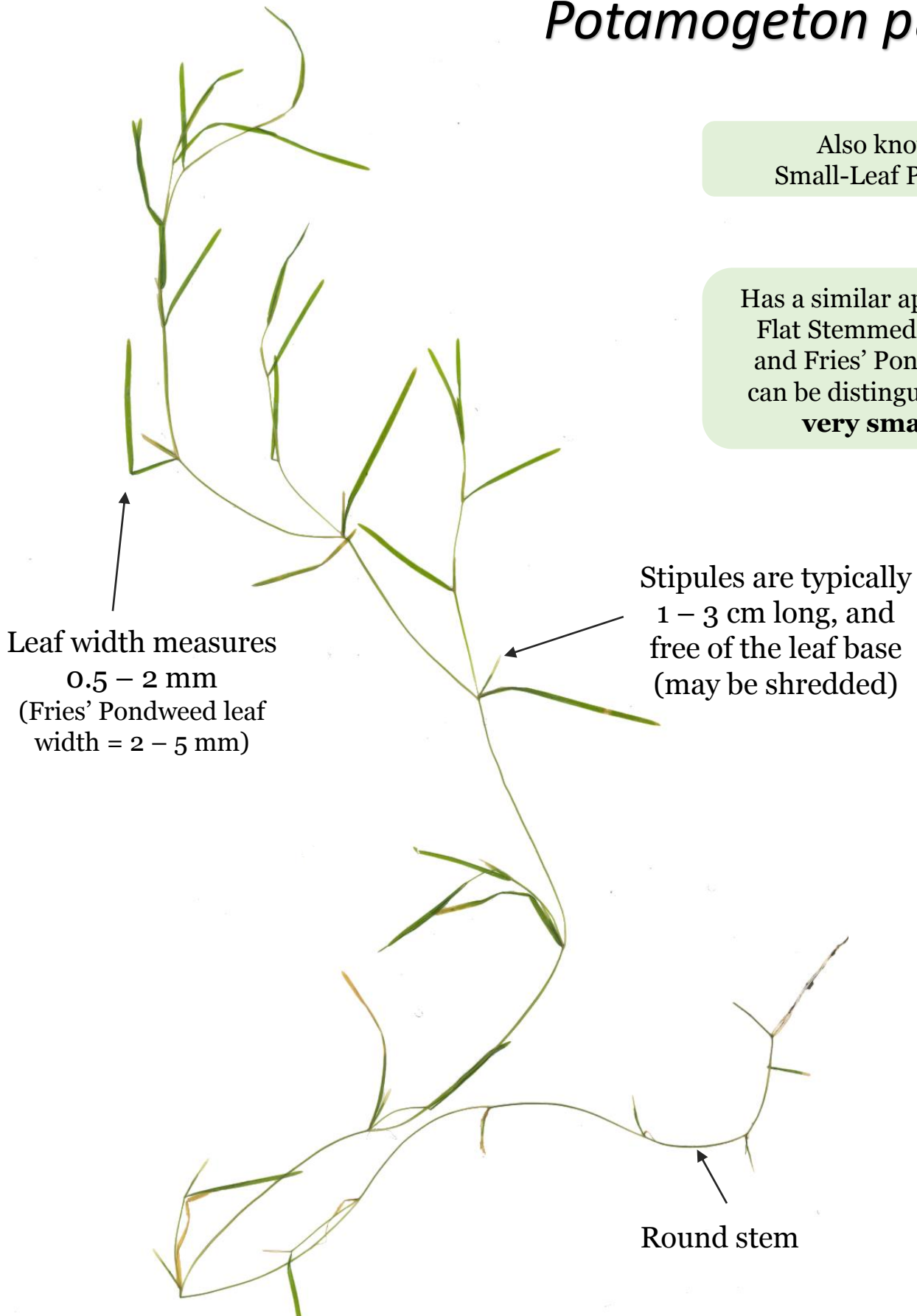


# Small Pondweed

*Potamogeton pusillis*

Also known as  
Small-Leaf Pondweed

Has a similar appearance to  
Flat Stemmed Pondweed  
and Fries' Pondweed, but  
can be distinguished by its  
**very small size**



# Flat-Stemmed Pondweed

*Potamogeton zosteriformis*

Flowers form  
as a spike

Winter buds comprised  
of many leaves

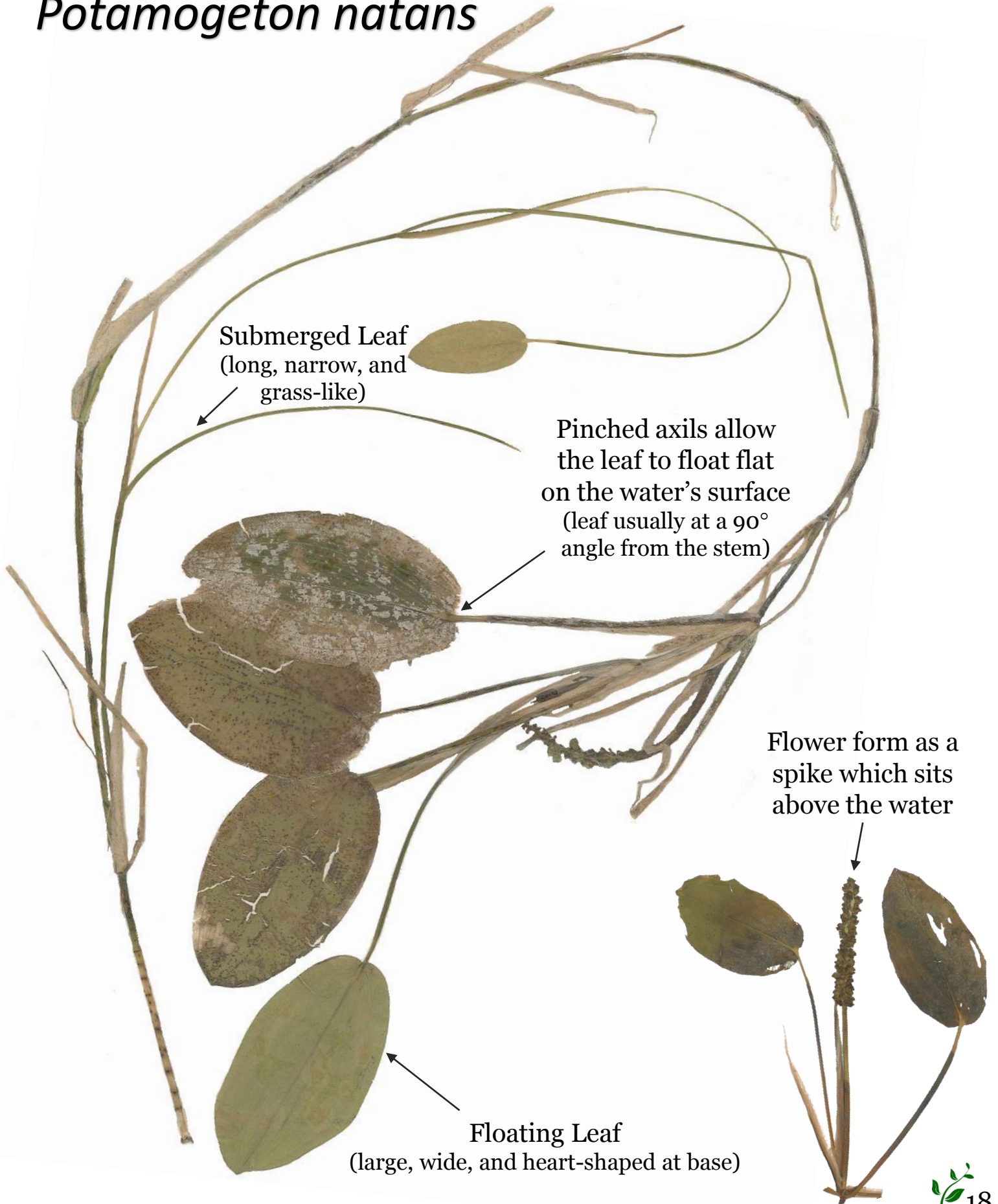
Has a similar appearance to  
Fries' Pondweed and Small  
Pondweed, but can be  
distinguished by its  
**flattened stem**

Flattened stem slightly  
narrower than the leaf  
with smooth, stiff,  
sharp edges

Long, linear leaves up to 1/2  
cm wide with many veins  
(3-5 being prominent)

# Floating-Leaf Pondweed

*Potamogeton natans*



Submerged Leaf  
(long, narrow, and  
grass-like)

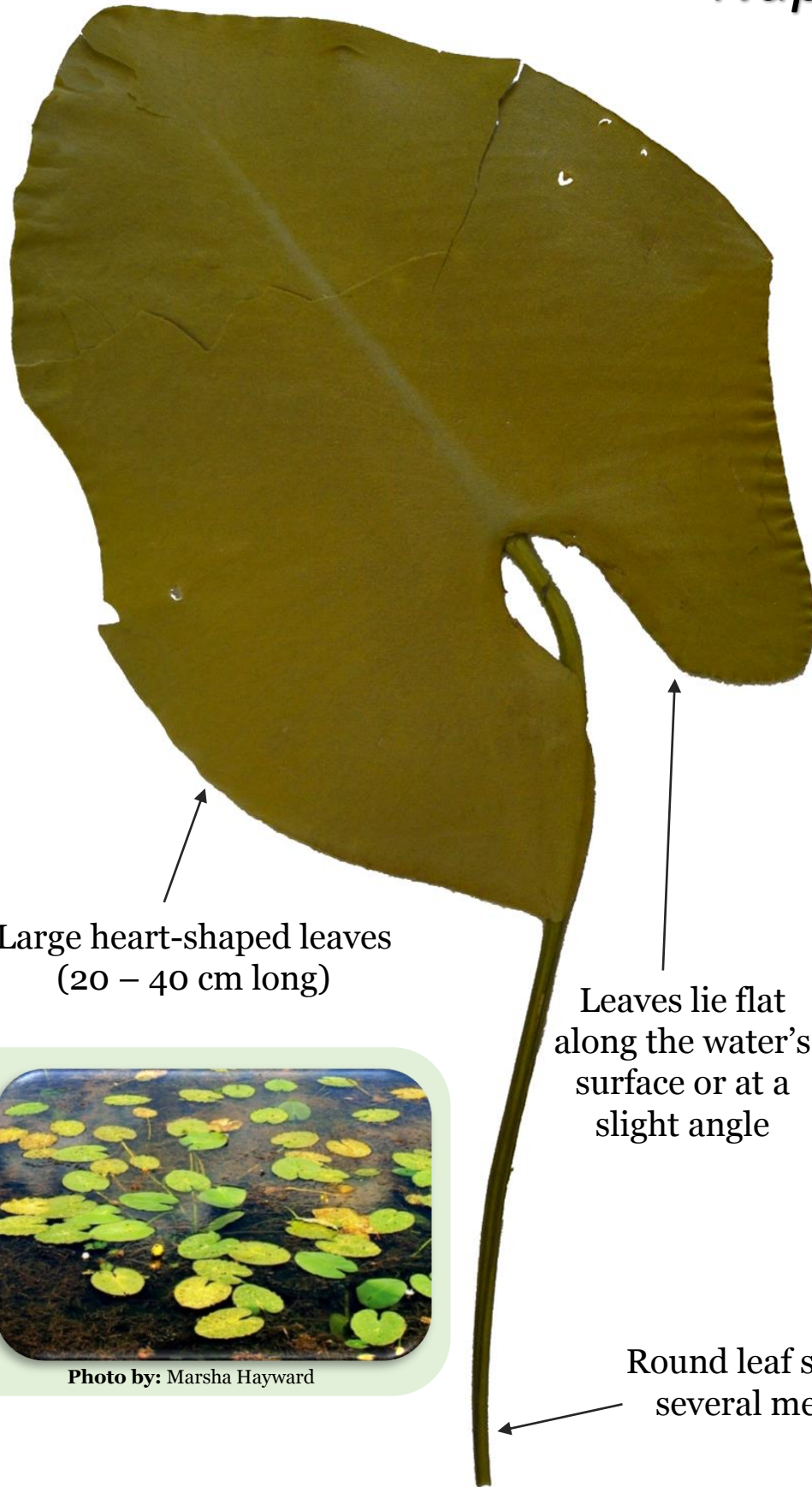
Pinched axils allow  
the leaf to float flat  
on the water's surface  
(leaf usually at a 90°  
angle from the stem)

Flower form as a  
spike which sits  
above the water

Floating Leaf  
(large, wide, and heart-shaped at base)

# Yellow Pond Lily

*Nuphar variegata*



Large heart-shaped leaves  
(20 – 40 cm long)

Leaves lie flat  
along the water's  
surface or at a  
slight angle

Round leaf stalk can be  
several metres long



Yellow flowers about the  
size of a ping pong ball



Photo by: Marsha Hayward



Photo by: Marsha Hayward

# Duckweed

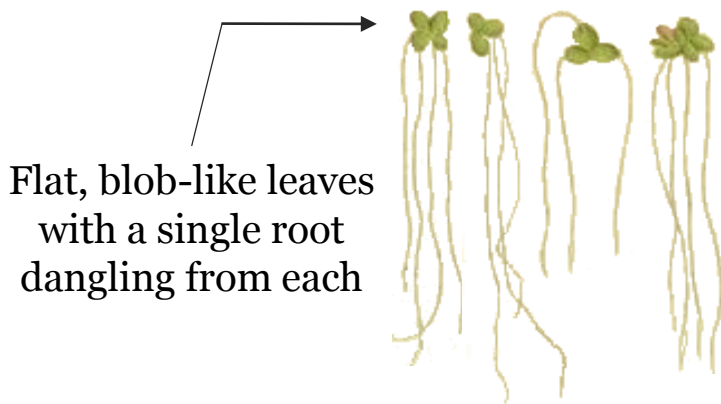
## *Lemna* spp.



Ivy-Leaved or Star Duckweed  
(*Lemna trisulca*)

A small, free-floating colonial species that exists in different shapes and sizes depending on the species

Each leaf is only a few centimetres wide



Flat, blob-like leaves with a single root dangling from each

Some species produce **turions**: wintering buds that can detach and lie dormant at the bottom of a waterbody

Found in quiet areas of waterbodies that are undisturbed by wave action



Image from: Christian Fischer  
(commons.wikimedia.org)



Lesser or Common Duckweed  
(*Lemna turionifera*)

Other images on this page from:  
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# Bladderwort

*Utricularia* spp.

This is a free-floating, carnivorous aquatic plant

No true leaves. There is a main stem, and a heavily branched network of smaller stems that support round bladders

Bladders capture invertebrates or tiny fish and secrete digestive enzymes to absorb nutrients



Produces bright yellow emergent flowers

**Note:** Alberta is home to 4 or 5 species of bladderwort

# Common Mare's Tail

*Hippuris vulgaris*



# Arrowhead

*Sagittaria cuneata*

Also known as  
Arum-Leaved Arrowhead,  
Duck Potato, or Wapato

Flowers grow on a  
stalk. Each individual  
flower has 3 main  
petals and 3 smaller  
petals (sepals)

Leaves are floating and  
have a recognizable  
arrowhead shape

Leaves may be  
entirely emergent in  
shallow water

Tuber-like roots



Image from: born1945  
www.flickr.com





**INVASIVE**



# Flowering Rush

*Butomus umbellatus*

Can grow along the shoreline as an emergent plant, or be partially submerged

Pinkish-white flowers grow in umbrella-like structures

Individual flowers have 3 main petals and 3 smaller petals (sepals)

Round stem that supports the flower can grow as high as 1 m

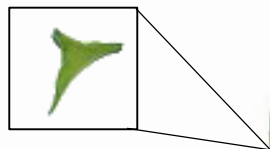


Flowering Rush in seed

**DO NOT PULL OR DIG:**  
Root clusters can break into new plants if disturbed



Early in the season, this plant can be identified by its sword-shaped leaves, which are triangular in cross section



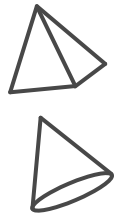
# Common Fireweed

*Chamerion angustifolium*

Like **Purple Loosestrife**, this is actually a terrestrial plant, and is found in riparian areas near lakeshores.

Pink-purple flowers with 4 petals

Flowered section of the plant is shaped like a pyramid or cone



Alternate lance-shaped leaves with three prominent veins, may be toothed

Smooth, round stem that grows 0.5 to 2.5 m tall

**INVASIVE**



# Purple Loosestrife

*Lythrum salicaria*

This is actually a terrestrial plant, and is found in riparian areas near lakeshores. Looks very similar to **Fireweed**.

Leaves continue up the flowering stalk

Purple-pink flowers are located in the axils of the upper leaves

Flowered section of the plant is shaped like a cylinder

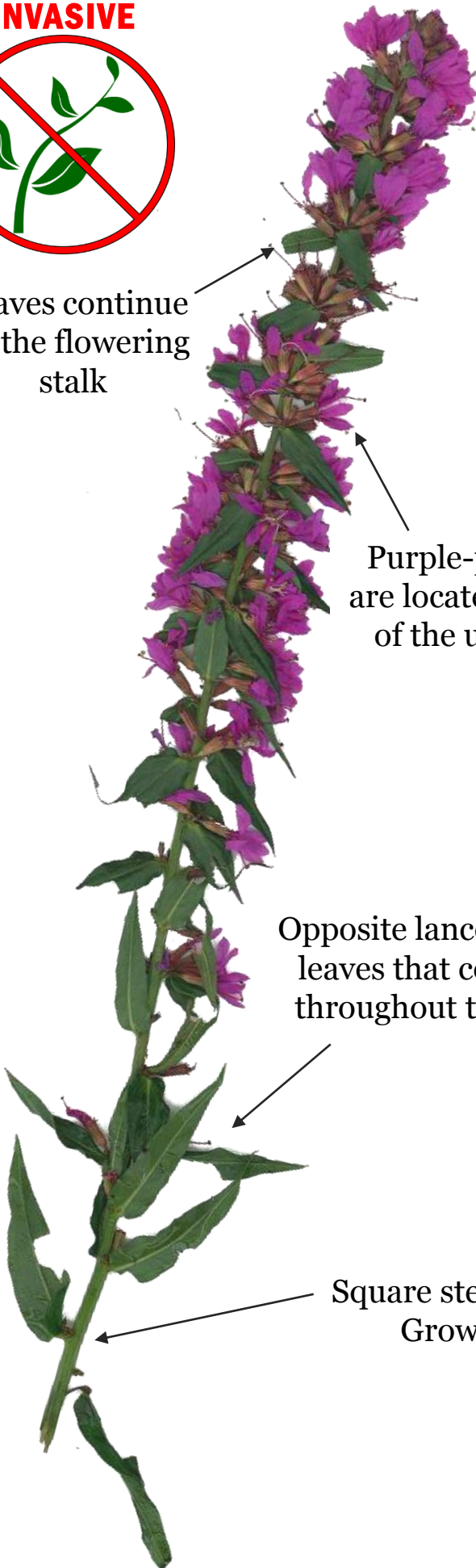


Opposite lance-shaped leaves that continue throughout the stalk

Flowers have 4-8 petals (commonly 6)

Square stem, often branching. Grows 1.5 to 3 m tall

Leaves and stems may have fine hair



**INVASIVE**



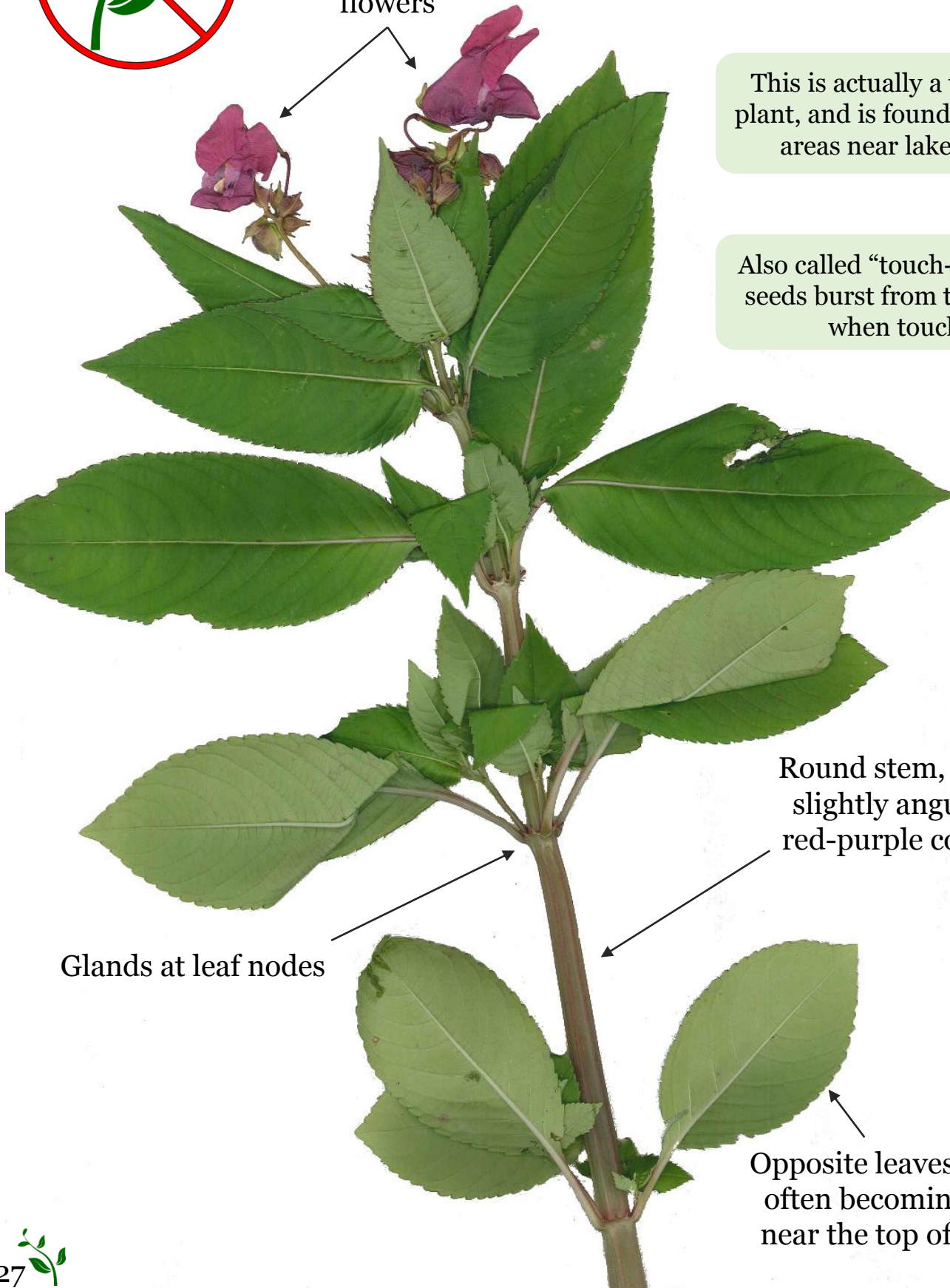
# Himalayan Balsam

*Impatiens glandulifera*

Pink-purple  
irregularly shaped  
flowers

This is actually a terrestrial plant, and is found in riparian areas near lakeshores.

Also called “touch-me-not” as seeds burst from the capsule when touched



Round stem, appearing  
slightly angular, with  
red-purple colouration

Glands at leaf nodes

Opposite leaves, serrated,  
often becoming smaller  
near the top of the plant

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## **1<sup>st</sup> Edition released Spring 2016**

Please remember that this book is designed to act as a basic identification guide for lake residents and visitors to be able to distinguish between native plants and their similar-looking invasive counterparts.

It is not a comprehensive guide to *all* aquatic and shoreline plants of Alberta, but the option for expansion is open to future versions. The release of new versions will be announced via the ALMS e-newsletter and our social media platforms.

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