



*The Alberta Lake Management
Society Volunteer Lake monitoring
report*

Amisk Lake

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2008 Report

Completed with support from:



Alberta Lake Management Society

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"And you really live by the river? What a jolly life!"

"By it and with it and on it and in it," said the Rat. "It's brother and sister to me. What it hasn't got is not worth having, and what it doesn't know is not worth knowing." Kenneth Grahame The Wind in the Willows

"The world's supply of fresh water is running out. Already one person in five has no access to safe drinking water."

BBC World Water Crisis Homepage

Alberta Lake Management Society's Lakewatch Program

Lakewatch has several important objectives, one of which is to collect and interpret water quality data on Alberta Lakes. Equally important is educating lake users about their aquatic environment, encouraging public involvement in lake management, and facilitating cooperation and partnerships between government, industry, the scientific community and lake users. Lakewatch Reports are designed to summarize basic lake data in understandable terms for a lay audience and are not meant to be a complete synopsis of information about specific lakes. Additional information is available for many lakes that have been included in Lakewatch and readers requiring more information are encouraged to seek these sources.

ALMS would like to thank all who express interest in Alberta's aquatic environments and particularly those who have participated in the Lakewatch program. These people prove that ecological apathy can be overcome and give us hope that our water resources will not be the limiting factor in the health of our environment.

Acknowledgements

The Lakewatch program is made possible through the dedication of its volunteers and Lakewatch Chairs, Théo Charette and Ron Zurawell. We would like to thank Dave Lozinski for his efforts in collecting data in 2008. We would also like to thank Lisa Brodziak and Sophie Damlencour who were summer interns with ALMS in 2008. Project Technical Coordinator, Jill Anderson was instrumental in planning and organizing the field program. Technologists, Shelley Manchur, Mike Bilyk, Brian Jackson and John Willis were involved in the logistics planning and training aspects of the program. Doreen LeClair and Chris Rickard were responsible for data management. Théo Charette (ALMS President) and Jill Anderson (Program Manager) were responsible for program administration and planning. Théo Charette, Ron Zurawell (Limnologist, AENV), Lori Neufeld, and Sarah Lord prepared the original report. Alberta Environment and the Beaver River Watershed Alliance (BRWA) were major sponsors of the Lakewatch program.

Amisk Lake

Amisk Lake (**Figure 1**) is located within Athabasca County in central Alberta. It is 175 km northeast of the city of Edmonton and 15 km east of the village of Boyle. The lake is long and narrow with its main axis running north and south (**Figure 2**). It has two distinct basins: the larger south basin is very deep (60 m) and the north basin is moderately deep (33 m). The lake derived its name from the local abundance of beaver, "Amisk", in Cree.



Figure 1. Amisk Lake, Alberta. Photo by D. Webb and E. E. Prepas.

Amisk Lake lies at the western edge of the Beaver River drainage basin. Skelton Lake drains into Amisk Lake from the west; Long Lake drains into Amisk Lake from the south. Water from Amisk Lake flows over a small control structure at the north end into the Amisk River.

In the early 1940's a mink farm and resort with boat and cabin rentals were established on the northwest shore of the lake. The mink were fed with fish from the lake. Over the years these developments were replaced by two subdivisions and a trailer park built at the north end of the lake.

The majority of the shoreline, however, remains undeveloped. Fishing, boating and swimming are popular on Amisk Lake. A public boat launch and a day-use

area on the northwest side are operated by the Recreation Board of the County of Athabasca. The sport fishery includes yellow perch (*Perca flavescens*), northern pike (*Esox lucius*) and walleye (*Sander vitreus*). The water quality in Amisk Lake reflects the rich soils in the drainage basin. The lake is surrounded by

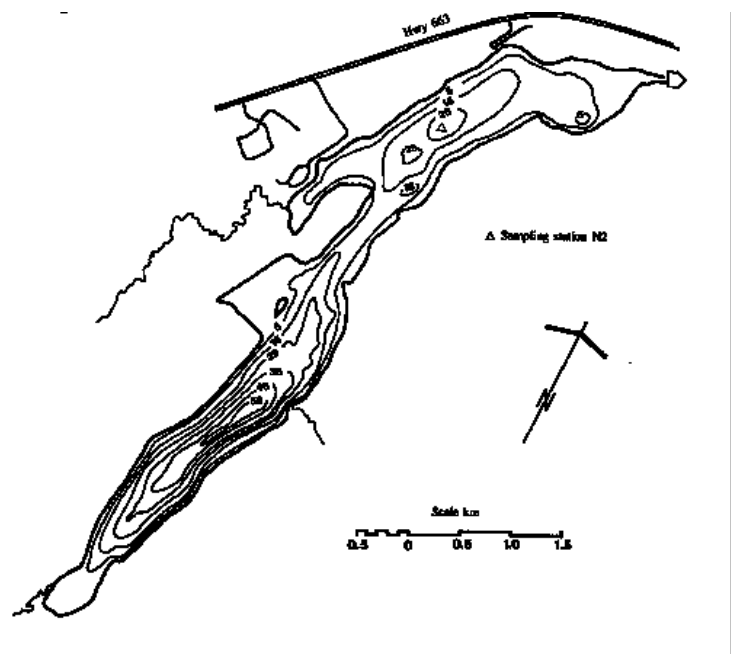


Figure 2. Bathymetric map of Amisk Lake, Alberta.

aspen, willow and clumps of white spruce and lodgepole pine. Waterfowl and shorebirds are abundant, especially in the shallow marshy bays.

Amisk Lake is typical of many deep parkland/boreal lakes of Alberta: it experiences high summer algal biomass and phosphorus levels and very low hypolimnetic oxygen levels in mid to late summer and during the last half of ice-cover. In May 1988 researchers from the University of Alberta, the National Water Research Institute (Environment Canada) and Linde (Union Carbide Canada) designed and installed a system to inject pure oxygen into the deep waters of the north basin. The main objective of this unique long-term project is to increase dissolved oxygen levels in the hypolimnion of the north basin. It is anticipated that this will lead to improved water quality as a consequence of decreased phosphorus release from the lake's bottom sediments.

Water Level

Water levels have been recorded by Environment Canada at Amisk Lake since 1969. Water levels have remained relatively stable in the lake during the 1969 – 2009 period at an average of 611.7 m asl (**Figure 2**). Between 2000 and 2004, a decrease of 0.5 m in water level was recorded during a dry period, followed by a recovery to the historical average in 2005. The lowest water level was 611.2 m above sea level (asl) in October 2002. The highest recorded water level was 612.2 m asl in May 1993.

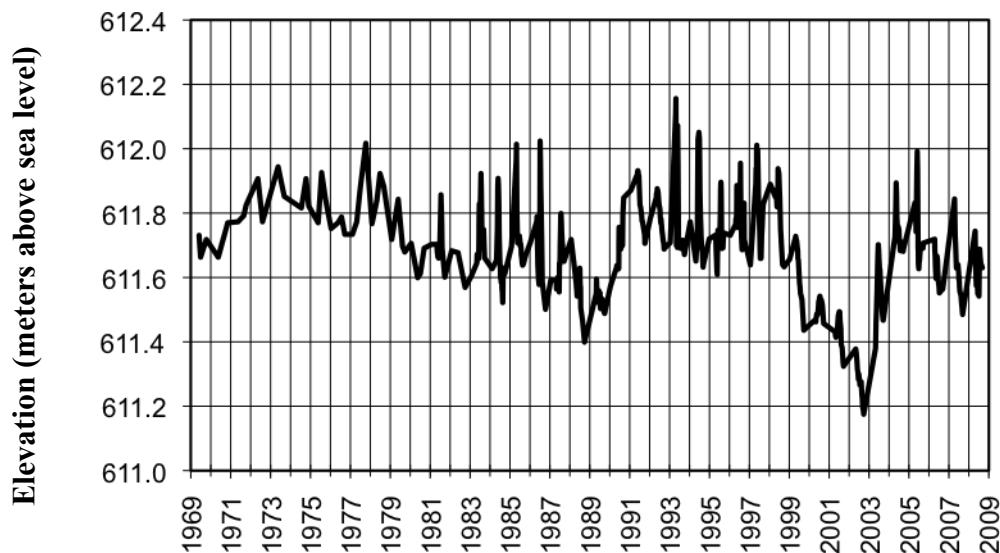


Figure 2. Historical water levels (meters above sea level (asl)) in Amisk Lake, Alberta 1969 – 2009.

Results

Water temperature and dissolved oxygen

Thermal stratification in Amisk Lake was observed during the summer 2008 (**Figure 3**). On 4 June, the thermocline occurred at 12 m depth, and water temperature decreased from 18.1°C at the surface to 3.5°C from 30m depth to the lake bottom. Thermocline depth was similar on 30 June, but surface waters had warmed to 22.3°C at the surface. On 23 July, the surface water temperature remained steady but the thermocline rose to 8m depth. Surface waters cooled to 20.5°C by 12 August, and the thermocline remained at 8m depth. By 14 September, surface waters cooled significantly to 14.9°C and the thermocline dropped back down to 12 m depth. Amisk Lake is a partially meromictic lake (water column does not completely mix in all years), and the strong thermocline on all sampling dates shows that the lake did not overturn during the sampling period.

Dissolved oxygen (DO) concentrations in upper layers of surface waters of Amisk Lake were ≥ 8 mg/L on all sampling dates through the summer, well within the acceptable range for surface water quality ($\text{DO} \geq 5.0$ mg/L) (**Figure 3**). DO concentrations declined at a depth of 7.5 m in early June and 6 m in late June. The chemocline continued to rise through the summer, reaching 5 m on 23 July and 12 August, before dropping back down to 8 m on 14 September. On all sample dates, DO was near zero (e.g. anoxic) from the chemocline depth down to the lakebed. Deep-water anoxia is common in summer, and the decomposition of organic matter produced during the open water season continues on into the winter months, which in turn, leads to low winter oxygen concentrations (as decomposition consumes oxygen).

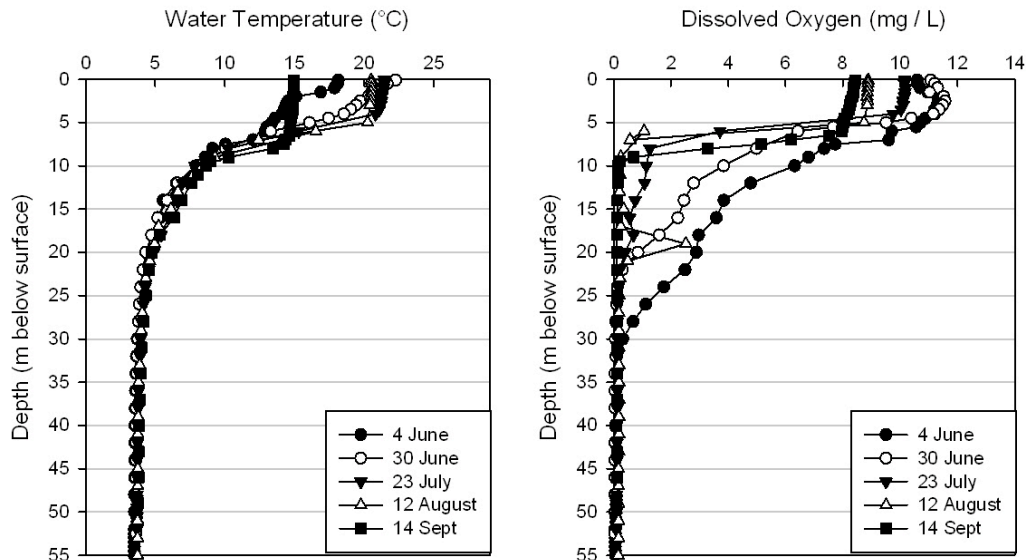


Figure 3. Water temperature (°C) and dissolved oxygen (mg/L) profiles for Amisk Lake during the summer of 2008.

Water clarity and Secchi Disk Depth

Water clarity is influenced by suspended material, both living and dead, as well as some coloured dissolved compounds in the water column. The most widely used measure of lake water clarity is the Secchi disk depth. Following the period of ice and snowmelt, a lake can have low clarity due to spring runoff and the inflow of suspended sediments into the lake. Lake water usually clears in the spring but then becomes more turbid due to algal growth taking place throughout the summer open water season.

Water clarity on Amisk Lake was measured five times during the summer of 2008. Amisk Lake was neither exceptionally turbid nor exceptionally clear compared to other lakes in Alberta, with average Secchi disk depth = 2.6 m (**Table 1**). On both sampling dates in June, light penetrated 3.0 m or only ~5% of the total lake depth, which allowed for algal growth in the top 6.0 m of the lake. By 23 July, Secchi disk depth had decreased to 3.5m, and dropped further to 3.0 m in mid-August. Water clarity increased two-fold in mid-September, with a Secchi disk depth of 7.5 m. This pattern of water clarity dynamics is typical of highly productive Alberta lakes, when algal growth during July and August causes reduced water clarity. Water clarity recovers in September as lower temperatures limit growth, and dying algae fall out of the water column and settle on the lakebed where they are decomposed by anaerobic bacteria.

Water chemistry

Based on lake water characteristics, Amisk Lake is considered eutrophic (see *A Brief Introduction to Limnology* at the end of this report). Average total phosphorus (TP = 33.4 µg/L) and total Kjeldahl nitrogen (TN = 976 µg/L) concentrations were within the eutrophic range in 2008 (**Table 1**). Chlorophyll *a* (chl *a* = 6.55 µg/L) was within the mesotrophic range.

Total phosphorous declined over the summer, from 52 µg/L on 4 June to a low of 21 µg/L on 14 September (**Figure 4**), as algal growth consumed nutrients in the water column. Total nitrogen remained relatively steady, fluctuating from a maximum of 1.05 mg/L in 12 August and a minimum of 0.93 mg/L on 23 July. Chlorophyll *a* (a measure of algal biomass) increased steadily from 4.7 ug/L on 4 June to 10.5 ug/L on 30 June, and then declined to 6.71 ug/L on 23 July. The minimum chlorophyll *a* concentration of 4.67 ug/L in summer 2008 occurred in September. As the depletion of phosphorous was not accompanied by a significant decrease in nitrogen, algal growth in Amisk Lake is phosphorous-limited and not nitrogen-limited.

During the summer 2008, Amisk Lake was well buffered from acidification with an average pH = 8.5, which is well above that of pure water (i.e., pH 7). Dominant ions include bicarbonate, carbonate, sodium, and magnesium (**Table 1**). Because there are no long-term records of ion concentrations from Amisk Lake it is not possible to assess possible changes in ion concentrations over time.

The average concentrations of various heavy metals (as total recoverable concentrations) in Amisk Lake were measured twice in the summer of 2008. All concentrations were within CCME guidelines for the Protection of Freshwater Aquatic Life (**Appendix 1**).

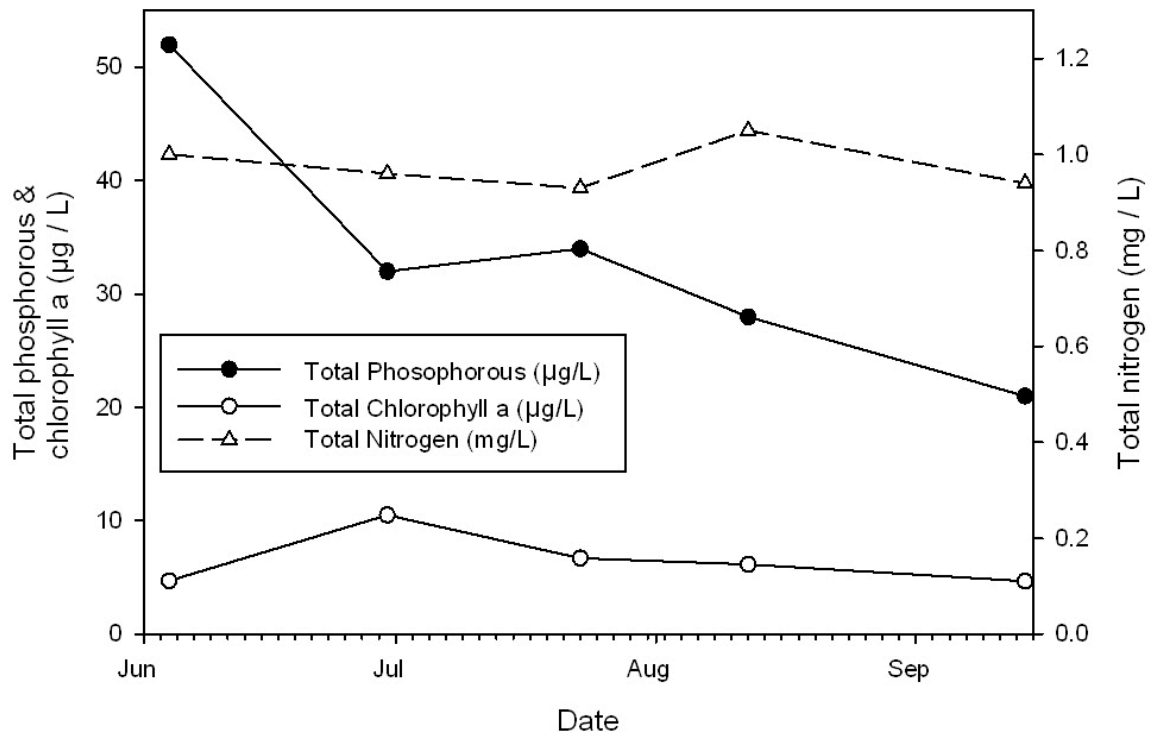


Figure 4. Total phosphorous, chlorophyll a (a measure of algal biomass), and total nitrogen concentrations for Amisk Lake during the summer of 2008.

Table 1. Water chemistry values for Amisk Lake, summer 2008.

Parameter	2008
TP (µg/L)	33.4
TDP (µg/L)	14
Chlorophyll- <i>a</i> (µg/L)	6.55
Secchi disk depth (m)	2.6
TKN (µg/L)	976
NO _{2,3} (µg/L)	17.5
NH ₄ (µg/L)	14.6
Dissolved organic C (mg/L)	14.7
Ca (mg/L)	30.7
Mg (mg/L)	16.9
Na (mg/L)	28.7
K (mg/L)	4.36
SO ₄ ²⁻ (mg/L)	21
Cl ⁻ (mg/L)	3.8
TDS (mg/L)	212
pH	8.5
Conductivity (µS/cm)	379
Hardness (mg/L)	648
HCO ₃ (mg/L)	201
CO ₃ (mg/L)	7.3
Total Alkalinity (mg/L CaCO ₃)	177.7

Note: TP = total phosphorous, TDP = total dissolved phosphorous, Chla = chlorophyll *a*, TKN = total Kjeldahl nitrogen, NO₂₊₃ = nitrate+nitrite, NH₄ = ammonium, Ca = calcium, Mg = magnesium, Na = sodium, K = potassium, SO₄ = sulphate, Cl = chloride, CO₃ = carbonate, HCO₃ = bicarbonate.

*Atlas of Alberta Lakes (Mitchell and Prepas, 1990).

Appendix 1

The concentrations of metals were measured in Amisk Lake on 30 June and 14 September 2008. Values shown below are an average of those dates. The CCME heavy metal Guidelines for the Protection of Freshwater Aquatic Life (unless otherwise indicated) are presented for reference.

Metals (total)	2008	Guidelines
ALUMINUM µg/L	6.45	100 ^a
ANTIMONY µg/L	0.0356	6 ^e
ARSENIC µg/L	1.02	5
BARIUM µg/L	64.5	1000 ^e
BERYLLIUM µg/L	<0.003	100 ^{d,f}
BISMUTH µg/L	0.0086	
BORON µg/L	77.6	5000 ^{e,f}
CADMIUM µg/L	0.002	0.085 ^b
CHROMIUM µg/L	0.1255	
COBALT µg/L	0.0213	1000 ^f
COPPER µg/L	0.332	4 ^c
IRON µg/L	9.97	300
LEAD µg/L	0.029	7 ^c
LITHIUM µg/L	15.95	2500 ^g
MANGANESE µg/L	5.94	200 ^g
MOLYBDENUM µg/L	0.152	73 ^d
NICKEL µg/L	<0.005	150 ^c
SELENIUM µg/L	0.331	1
STRONTIUM µg/L	188	
SILVER µg/L	0.0017	
THALLIUM µg/L	0.0039	0.8
THORIUM µg/L	0.031	
TIN µg/L	<0.03	
TITANIUM µg/L	0.519	
URANIUM µg/L	0.253	100 ^e
VANADIUM µg/L	0.187	100 ^{f,g}
ZINC µg/L	1.25	30

Values represent means of total recoverable metal concentrations.

^a Based on pH ≥ 6.5; calcium ion concentration [Ca⁺²] ≥ 4 mg/L; and dissolved organic carbon concentration [DOC] ≥ 2 mg/L.

^b Based on water Hardness of 300 mg/L (as CaCO₃).

^c Based on water Hardness > 180 mg/L (as CaCO₃).

^d CCME interim value.

^e Based of Canadian Drinking Water Quality guideline values.

^f Based of CCME Guidelines for Agricultural Use (Livestock Watering).

^g Based of CCME Guidelines for Agricultural Use (Irrigation).

References

- Mitchell, P. and E. Prepas. 1990. Atlas of Alberta Lakes. University of Alberta Press.
- Vollenweider, R.A., and J. Kerekes, Jr. 1982. Eutrophication of Waters. Monitoring, Assessment and Control. Organization for Economic Co-Operation and Development (OECD), Paris. 156p.
- Welch, E.B. 1980. Ecological Effects of Waste Water. Cambridge University Press.

A brief introduction to Limnology

Indicators of water quality

The goal of **Lakewatch** is to collect water samples necessary to determine the water quality of lakes. Though not all encompassing, the variables measured in **Lakewatch** are sensitive to human activities in watersheds that may cause impacts to water quality. For example, nutrients such as phosphorus and nitrogen are important determinants of lake productivity. The concentrations of these nutrients in a lake are affected (typically elevated) by land use changes such as increased crop production or livestock grazing. Elevated nutrient concentrations can cause increases in undesirable algae blooms resulting in low dissolved oxygen concentrations, degraded fish habitat and production of noxious odors. Large increases in nutrients over time may also indicate sewage inputs, which in turn, may result in other human health concerns such as harmful bacteria or protozoans (e.g. *Cryptosporidium*).

Temperature and mixing

Water temperature in a lake dictates the behavior of many chemical parameters responsible for water quality (Figure 6). Heat is transferred to a lake at its surface and slowly moves downward depending on water circulation in the lake. Lakes with a large surface area or a small volume tend to have greater mixing due to wind. In deeper lakes, circulation is not strong enough to move warm water to depths typically greater than 4 or 5 m and as a result cooler denser water remains at the bottom of the lake. As the difference in temperature between warm surface and cold deeper water increases, two distinct layers are formed. Limnologists call these layers of water the **epilimnion** at the surface and the **hypolimnion** at the bottom. The layers are separated by a transition layer known as the **metalimnion** which contains the effective wall separating top and bottom waters called a **thermocline**. A thermocline typically occurs when water temperature changes by more than one degree within one-meter depth. The hypolimnion and epilimnion do not mix, nor do elements such as oxygen supplied at the surface move downward into the hypolimnion. In the fall, surface waters begin to cool and eventually reach the same temperature as hypolimnetic water. At this point the water mixes from top to bottom in what is called a **turnover** event. Surface water cools further as ice forms and again a thermocline develops this time with 4° C water at the bottom and 0° C water on the top.

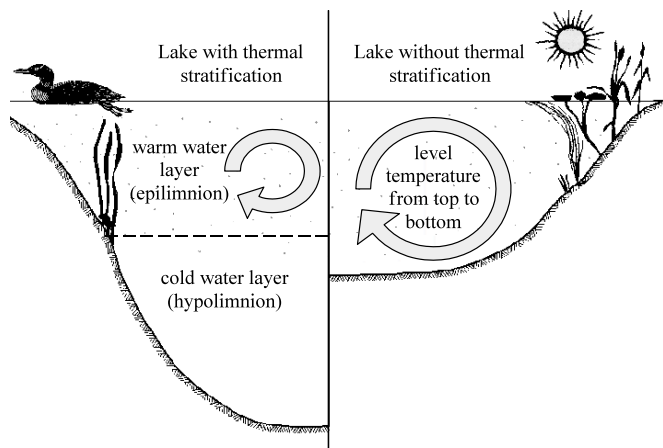


Figure 6: Difference in the circulation of the water column depending on thermal stratification.

In spring another turnover event occurs when surface waters warm to 4° C. Lakes with this mixing pattern of two stratification periods and two turnover events are called **dimictic** lakes. In shallower lakes, the water column may mix from top to bottom most of the ice-free season with occasional stratification during periods of calm warm conditions. Lakes that mix frequently are termed **polymictic** lakes. In our cold climate, many shallow lakes are **cold monomictic** meaning a thermocline develops every winter, there is one turnover event in spring but the remainder of the ice-free season the lake is polymictic.

Dissolved Oxygen

Oxygen enters a lake at the lake surface and throughout the water column when produced by photosynthesizing plants, including algae, in the lake. Oxygen is consumed within the lake by respiration

of living organisms and decomposition of organic material in the lake sediments. In lakes that stratify (see temperature above), oxygen that dissolves into the lake at the surface cannot mix downward into the hypolimnion. At the same time oxygen is depleted in the hypolimnion by decomposition. The result is that the hypolimnion of a lake can become **anoxic**, meaning it contains little or no dissolved oxygen. When a lake is frozen, the entire water column can become anoxic because the surface is sealed off from the atmosphere. Winter anoxic conditions can result in a fish-kill which is particularly common during harsh winters with extended ice-cover. Alberta Surface Water Quality Guidelines suggest dissolved oxygen concentrations (in the epilimnion) must not decline below 5 mg/L and should not average less than 6.5 mg/L over a seven-day period. However, the guidelines also require that dissolved oxygen concentrations remain above 9.5 mg/L in areas where early life stages of aquatic biota, particularly fish, are present.

General Water Chemistry

Water in lakes always contains substances that have been transported by rain and snow or have entered the lake in groundwater and inflow streams. These substances may be dissolved in the water or suspended as particles. Some of these substances are familiar minerals, such as sodium and chloride, which when combined form table salt, but when dissolved in water separate into the two electrically charged components called **ions**. Most dissolved substances in water are in ionic forms and are held in solution due to the polar nature of the water molecule. **Hydrophobic** (water-fearing) compounds such as oils contain little or no ionic character, are non-polar and for this reason do not readily dissolve in water. Although hydrophobic compounds do not readily dissolve, they can still be transported to lakes by flowing water. Within individual lakes, ion concentrations vary from year to year depending on the amount and mineral content of the water entering the lake. This mineral content can be influenced by the amount of precipitation and other climate variables as well as human activities such as fertilizer and road salt application.

Phosphorus and Nitrogen

Phosphorus and nitrogen are important nutrients limiting the growth of algae in Alberta lakes. While nitrogen usually limits agricultural plants, phosphorus is usually in shortest supply in lakes. Even a slight increase of phosphorus in a lake can, given the right conditions, promote algal blooms causing the water to turn green in the summer and impair recreational uses. When pollution originating from livestock manure and human sewage enters lakes not only are the concentrations of phosphorus and nitrogen increased but nitrogen can become a limiting nutrient which is thought to cause blooms of toxic algae belonging to the cyanobacteria. Not all cyanobacteria are toxic, however, the blooms can form decomposing mats that smell and impair dissolved oxygen concentrations in the lake.

Chlorophyll-a

Chlorophyll-*a* is a photosynthetic pigment that green plants, including algae, possess enabling them to convert the sun's energy to living material. Chlorophyll-*a* can be easily extracted from algae in the laboratory. Consequently, chlorophyll-*a* is a good estimate of the amount of algae in the water. Larger aquatic plants, known as macrophytes, rather than algae, dominate some highly productive lakes. In these lakes, chlorophyll-*a* and nutrient values taken from water samples do not include productivity from large aquatic plants. As a result, lakes like Chestermere, which are dominated by macrophytes, can exist at a lower trophic state than if macrophyte biomass was included. Unfortunately, the productivity and nutrient cycling contributions of macrophytes are difficult to sample accurately and are therefore not typically included in trophic state indices.

Secchi Disk Depth

Lakes that are clear are more attractive for recreation, whereas those that are turbid or murky are considered by lake users to have poor water quality. Secchi disk depth is the oldest, simplest, and quickest quantitative measure of water clarity. A Secchi disk is a black and white disk that is lowered down through

the water column until it can no longer be seen. Secchi disk depth is the midpoint between the depth at which it disappears when lowered and reappears when it is pulled up again. The Secchi disk depth in lakes with high algal biomass will generally be shallow. However, Secchi disk depth is not only affected by algae. High concentrations of suspended sediments, particularly fine clays or glacial till, are common in plains or mountain reservoirs of Alberta. Mountain reservoirs may have exceedingly shallow Secchi disk depths despite low algal growth and nutrient concentrations.

The euphotic zone, calculated as twice the Secchi disk depth, is the portion of the water column that has sufficient light for aquatic plants to grow. Murky waters, with shallow Secchi depths, can prevent aquatic plants from growing on the lake bottom. Aquatic plants are important because they ensure clear lake water by reducing shoreline erosion and stabilizing lake bottom sediments. Many lakes in Alberta are shallow and have bottom sediments with high concentrations of nutrients. Without aquatic plants, water quality may decline in these lakes due to murky, sediment-laden water and excessive algal blooms. Maintaining aquatic plants in certain areas of a lake is often essential for ensuring good water clarity and a healthy lake as many organisms, like aquatic invertebrates and fish, depend on aquatic plants for food and shelter.

Trophic state

Trophic state is a classification system for lakes that depends on fertility and is a useful index for rating and comparing lakes. From low to high nutrient and algal biomass (as chlorophyll-*a*) concentrations, the trophic states are: **oligotrophic**, **mesotrophic**, **eutrophic** and **hypereutrophic**. The nutrient and algal biomass concentrations that define these categories are shown in table 2 and a graph of Alberta lakes compared by trophic state can be found on the ALMS website. A majority of lakes in Alberta are meso- to eutrophic because they naturally contain high nutrient concentrations due to our deep fertile soils. Thus, lakes in Alberta are susceptible to human impacts because they are already nutrient-rich; any further nutrient increases can bring about undesirable conditions illustrated in Figure 7.

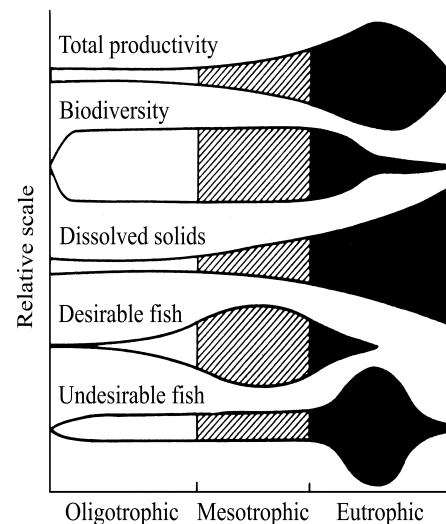


Figure 7: Suggested changes in various lake characteristics with eutrophication. From “Ecological Effects of Wastewater”, 1980.

Table 2: Trophic status based on lake water characteristics

Trophic state	Total Phosphorus (µg/L)	Total Nitrogen (µg/L)	Chlorophyll a (µg/L)	Secchi Depth (m)
Oligotrophic	< 10	< 350	< 3.5	> 4
Mesotrophic	10 - 30	350 - 650	3.5 - 9	4 - 2
Eutrophic	30 - 100	650 - 1200	9 - 25	2 - 1
Hypereutrophic	> 100	> 1200	> 25	< 1

Note: These values are from a detailed study of global lakes reported in Nurnberg 1996. Alberta Environment uses slightly different values for TP and CHL based on those of the OECD reported by Vollenweider (1982). The AENV and OECD cutoffs for TP are 10, 35 and 100; for CHL are 3, 8 and 25. AENV does not have TN or Secchi depth criteria. The corresponding OECD exists for Secchi depth and the cutoffs are 6, 3 and 1.5 m.